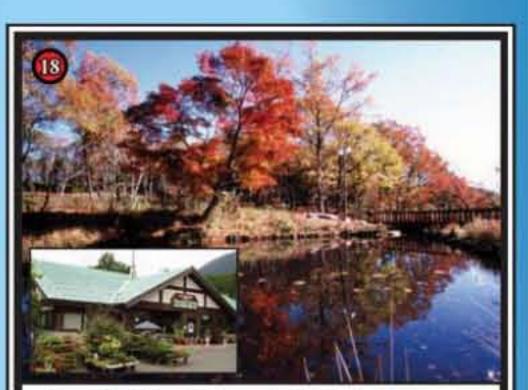
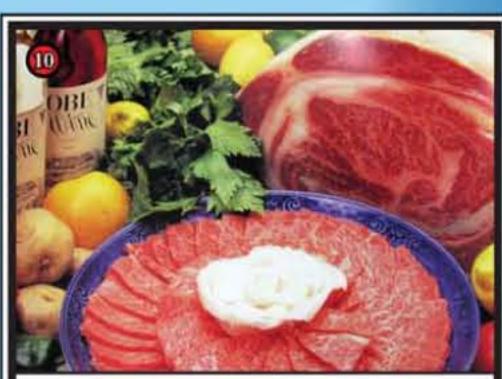


Kami-Town Skiing and Snowboarding

December through March, Kami-Town becomes a skier's paradise, with four ski resorts operating within 15 mintutes drive of each other. Full winter wear, skis or snowboards and boots can all be rented for about 6,000 yen total per day, and ski lift tickets are sold by the day, half-day or season's pass. See www.snowjapan.com for more info.



Tajima Highlands Botanical Gardens
Where: 7°9 Wachi, Muraoka-ku. Ph: 0796-96-1187
Open 9 a.m.-5p.m. April-November. Admission: 500 Yen
Founded in 1997 to conserve the Katsura tree, the Tajima Highlands Botanical Garderns have a thousand kinds
of trees and flowers and three hundred types of plants.
There are also two ponds and many types of birds.



Syakunage Restaurant Where: 739-1 Kanzui, Ojiro-ku Ph: 0796-97-2687

A great number of places in Kami-Town, such as Syakunage Restaurant, serve the tender Tajima Beef, which is the origin of many famous types of beef, such as Kobe Beef and Matsuzaka Beef.

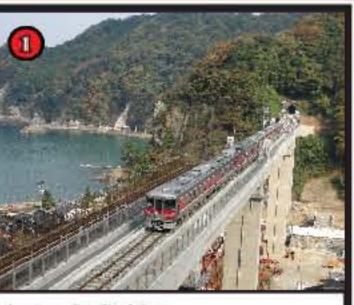


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Amarube Bridge Where: Amarube, Kasumi-ku Ph: 0796-36-1234

It reaches a height of 41 metres and it is the highest trestle bridge in Japan.



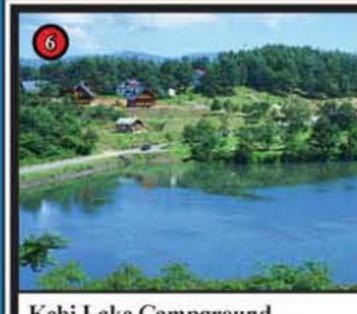
Daijo-ji Temple Where: 860 Mori, Kasumi-ku, open 9-4 p.m. Ph: 0796-36-0022, Admission: 800 yen Built in 1745, Daijoji houses some of the most famous shoji screen door paintings of

the Edo period by artist Oukyo Maruyama.



Kasumi-tsuru Sake Distillery Where: 600-2 Kobara, Kasumi-ku Ph: 0796-36-0029, www.fukuchiya.com.jp

One of the premier sake makers in the region, Kasumi-tsuru offers tours (book 1 day ahead) and an expansive shop selling sake and souveniers.



Kebi Lake Campground Where: Route 265, Ph: 0796-95-1109

Prices: 2,500 (camp) - 19,000 (cottage) yen
A lakeside campground with cottages and tents
for rent. Visit in the Fall to see the leaves changing colour, or in Summer to view the stars.



Choraku-ji Temple Where: Kawai, Muraoka-ku Ph: 0796-95-1270, Admission: 800 yen

Built over 1,200 years ago, Choraku-ji features three wooden buddhas, each over 50-feet tall and a 231-foot five-story pagoda.



Ojiro Ski Resort
Where: Ojiro-ku
Ph: 0796-97-2717, www.ojiro.or.jp
Ojiro features five lifts, three beginner slopes,
three advanced slopes and one difficult slope.

Full/half day passes: 4,300/3,000 yen.



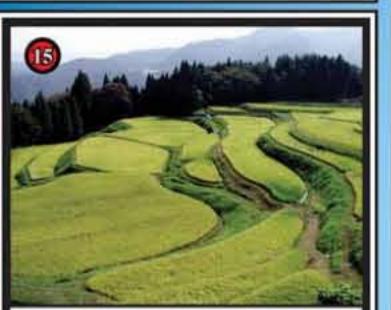
Muraoka Onsen and Spa Where: 51 Shikada, Muraoka-ku Ph: 0796-98-1512, Admission: 500 yen

The Muraoka Onsen and Spa is open everyday from 9 a.m.-10 p.m. and features indoor onsen pools.



Mahoroba Ethnic Museum Where: 2324-1 Muraoka, Muraoka-ku Ph: 0796-98-1154, Admission: 150 yen

Built in 1894, the museum was once a county government office. Open from 1 p.m.-5 p.m.
Tues.-Fri., and 9 a.m.-5 p.m. on weekends.



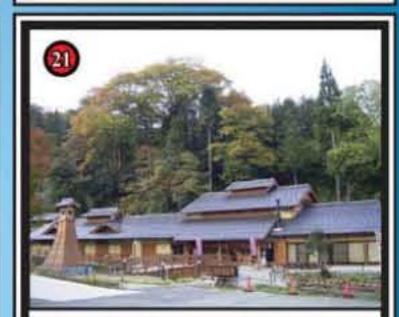
Uheyama Terraced Rice Paddies Where: Nukida, Ojiro-ku

Uheyama has some of the best views of terraced rice paddies in Japan. In early summer the mountains are reflected in the flooded paddies, which get bright green with grown rice by late summer.



The Ki-No-Dendo Wood Museum Where: Wachi 951, Muraoka-ku Ph: 0796-96-1388. Free, closed on Mondays.

Built entirely of wood, this unique museum features wooden models and displays. Open from 10 a.m.-4:30 p.m. (4 p.m. in the winter). On the web at: www.inaker.or.jp/ wood/



Hachikita Onsen and Spa Where: Osasa, Muraoka-ku Ph: 0796-96-1666, Admission: 600 ve

This onsen is located below the Hachikita ski hills and features a restaurant and souvenier stand inside. Open 10 a.m.-10 p.m. daily during the ski season, and 11 a.m.-9 p.m. (closed Tuesdays) the rest of the year.

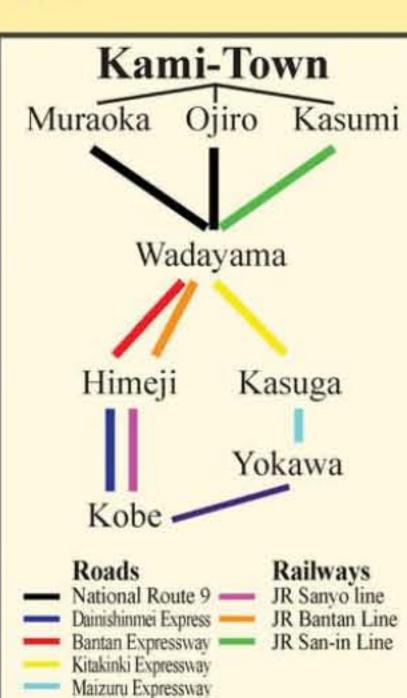


Sky Valley Ski Resort Where: 701 Nakaotani, Muraoka-ku Ph: 0796-96-0375, www.skyvalley.jp

This eight-course snow park caters mostly to snowboarders, has a variety of challenge levels, and offers full/half day passes: 3,500/2,500 yen. Arrive early to get a close parking spot.

How to get to Kami-Town

Kami-Town is made up of three smaller towns: Kasumi, Muraoka and Ojiro. The following map and guide show the different ways to get to Kami-Town by road and rail.



Rokkou Kita Toll Road



KAMI-TOWN EVENTS

January 1-3.....

Choraku-ji Temple New Year's Visit (Muraoka)

Early February...... Hyogo Snowball Fight (Ojiro)

Late February......

Hachikita Ski Festival (Hachikita Ski Resort)
Mikata Highlands Snow Festival (Mikata Ski Resort)
Early March......

Crab Appreciation Festival (Shibayama Fishing Port)

Early March......

Ojiro Winter Festival (Ojiro Ski Resort)

June (2nd Sunday)......

Mikata 24km Cruel Marathon

Mid-July...... Beaches Open
July (2nd Sunday)..... Saruodaki Waterfall Festival
July 24..... Mantou Fire Festival
Late July..... Kasumi Town Festival and Fireworks
Early August......

Muraoka Town Festival and Parade

Late September...... Kasumi Sea Breeze Marathon

Late September......

Kasumi Crab Festival (Kasumi West fishing port)

Muraoka Double-full Ultra Marathon (44km/88km/100km)

Mid-October..... Kasumi Crab Examination

Early December......

Web site: http://www.town.mikata-kami.lg.jp

